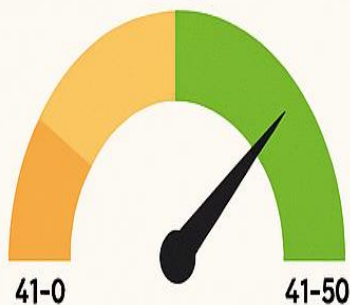


# PART1: SELF-ASSESSMENT

(Score Yourself 1-5: Fully true)

Statement	Score
I have a crystal-clear vision of the life I want to live	
I feel emotionally aligned with that future every day	
I take action as if that future is already happening	
I've released limiting beliefs and people that anchor me to the past	
I meditate or visualize daily to lock into my new timeline	
I speak, move, and act like my future self	
I've experienced synchronicities or 'signs' that I'm on the right path	
I welcome discomfort as a sign I'm expanding	
I can hold belief even when external results haven't appeared yet	
I protect my energy, attention, and time intentionally	
→ Total Score: – / 50	

## QUANTUM LEAP READINESS METER



**41-50** You're quantum-ready.

**20-29** You're on the edge

**30-40** You're shifting

**<20** You're living in your old identity  
A reset or coaching may be helpful

## QUANTUNTION JOURNAL PROMPTS

1. What does my highest time-tine look and feel like?
2. What is one bold action I can take this week that aligns with that identity?

**INTERPRETATION:** ☺ You're quantu ready, Touregetgally

Normal, clear interpretation

## Quantum Leap Self-Test & Activation Questionnaire

### ***PART 1: Self-Assessment (Score Yourself 1–5)***

1 = Not at all true → 5 = Fully true

Statement	Score (1–5)
I have a crystal-clear vision of the life I want to live	
I feel emotionally aligned with that future every day	
I take action as if that future is already happening	
I've released limiting beliefs and people that anchor me to the past	
I meditate or visualize daily to lock into my new timeline	
I speak, move, and act like my future self	
I've experienced synchronicities or "signs" that I'm on the right path	
I welcome discomfort as a sign I'm expanding	
I can hold belief even when external results haven't appeared yet	
I protect my energy, attention, and time intentionally	

**Total Score:** \_\_\_\_\_ / 50

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**INTERPRETATION:**

- **41–50: You're quantum-ready.** You're energetically aligned—stay consistent.
  - **30–40: You're shifting.** Fine-tune habits & identity daily.
  - **20–29: You're on the edge.** Build more focus, emotion, and bold action.
  - **< 20: You're living in your old identity.** A reset or coaching may be helpful.
- 

**PART 2: Quantum Activation Journal Prompts**

Write your answers:

1. What does my highest timeline look and feel like?
2. What is one bold action I can take this week that aligns with that identity?
3. What belief or pattern am I ready to release?
4. What am I grateful for right now that aligns with my new future?
5. What would my future self tell me right now?